



22 November 2025

Races

5km, 10km, 21km & 42km

Rotary
Haenertsburg



What, Where and When

Distance: 42.2 km	START: 05h30	Where: corner Mare and Plein St in Haenertsburg
Distance: 21.1 km	START: 05h30	Where: on R71 at blue Km marker R71-1 KM77.0E
Distance: 10.0 km	START: 06h30	Where: on R71 at blue Km marker R71-1 KM88.0E
Distance: 5.0 km	START: 07h30	Where: on Annecke Street 85m from R528 junction

Finish: Letaba Rugby Club at Tzaneen Showgrounds, Tzaneen (point-to-point races – catch the bus)

Race Organisers: Rotary Club Haenertsburg and Tzaneen Marathon Club

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Entry link: www.peaktiming.co.za/entries

Timing by **Peak Timing**

Route Description: 42.2km from Haenertsburg to Tzaneen; total rise +- 390m and fall of +- 1100m. After a 2 km warm-up around the village the route joins the R71 eastbound starting with a 3 km climb. You'll be running on the shoulder of the westbound lane, facing any oncoming (local) traffic. After a further 12 km of ups and downs the course descends Makgobaskloof in 6 km to the Lowveld where you will find the next 9 km again undulating. The climbs ease off for the remaining 14 km of the route on the R71, R36 and streets of Tzaneen. A taxing run when combined with the Lowveld summer temperature and humidity.

We will have 15 water points initially 3.5 km apart but closer intervals approaching the finish. There will be field toilets at the Start and at the 31 km, 21 km and 10 km to go stations along the route.

Course Record: MEN: 2:23:10 Tebogo Pilusa (M20-39) WOMEN: 3:30:32 Pearl Hughes (W20-39)

NB - Online entries close at midnight on Monday 17th November 2025

42.2 km Makgobaskloof Plunge Marathon

Start: 05h30 **Where is Start?:** Plein St, Haenertsburg (co-ordinates [-23.944167, 29.938686](#))

Bus to Start (from Finish): be there at 03h00; last bus departs at 03h30

Guarded Parking for Bus: Driving Range adjacent to Tzaneen Showgrounds (co-ords -23.81947, 30.16249)

Un-guarded Parking at Start: Haenertsburg Community Centre (no return bus, own transport back)

Buses: Buy tickets on-line at www.peaktiming.co.za/entries; **buy tickets on-line: no ticket, no ride**

Bus embarkation point and time: Driving Range. Agatha Street, Tzaneen 03h00 - 3h30 **NB** last departure 03h30

No late entries after 05h00

Cut-off time: 6 hours

Prize giving: 10h00

21.1 km Half Marathon

Start: 05h30 **Where is Start?:** blue road marker **R71-1 77E** at Rooihoogte Farm (co-ords -23.84432, 30.03467)

Bus to Start (from Finish): be there at 03h30; last bus departs at 04h00

Strictly No Parking at the start; your car may be towed, stolen or vandalised), please use the buses or own drop off

Guarded Parking for Bus: Driving Range adjacent to Tzaneen Showgrounds (co-ords -23.81947, 30.16249)

Buses: Buy tickets on-line at www.peaktiming.co.za/entries; **buy tickets on-line: no ticket, no ride**

Bus embarkation point and time: Driving Range. Agatha Street, Tzaneen 03h30 - 04h00 **NB** departure 04h00

No late entries at the Start

Prize giving: 10h00

Allesbeste 10 km

Start: 06h30 **Where is Start?:** Allesbeste farm stall at junction of R71 and R36 (co-ords -23.80241, 30.12295)

Bus to Start (from Finish): be there at 05h00; last bus departs at 05h30

Strictly No Parking at the start; your car may be towed, stolen or vandalised), please use the buses or own drop off

Parking: Driving Range adjacent to Tzaneen Showgrounds (co-ords -23.81947, 30.16249) for bus

Buses: Buy tickets on-line at www.peaktiming.co.za/entries; **buy tickets online: no ticket, no ride**

Bus embarkation point and time: Driving Range. Agatha Street, Tzaneen 05h00 - 05h30 **NB** departure 05h30

No late entries at the Start

Prize giving: 10h00

5 km Fun Run

Start: 07h30 **Where:** On Annecke St at entrance to Molani Estate 85m from R528 (co-ords -23.83662, 30.13365)

Bus to Start (from Finish): be there by 06h45; bus departs at 07h00

Strictly No Parking at the start; your car may be towed, stolen or vandalised), please use the buses or own drop off

Parking: Driving Range adjacent to Tzaneen Showgrounds (co-ords -23.81947, 30.16249) for bus

Buses: Buy tickets on-line at www.peaktiming.co.za/entries; **on-line tickets only: no ticket, no ride**

Bus embarkation point and time: Driving Range. Agatha Street, Tzaneen 06h15 - 06h45 **NB** departure 06h45

No late entries at the Start

Prize giving: 10h00

Finish (all events) and Prize-giving

Finish: Letaba Rugby Club, adjacent to Tzaneen Showgrounds

Cut off: 42.2 km - 11h30 (6 hours)

Prize giving at 10h00. To receive your prize you must attend the ceremony. **No cash** will be paid on race day; banking details to be provided.

<u>Online Entry Fee</u>	<u>Entry Fee at Registration Desk</u>	<u>+</u>	<u>Bus ticket</u>
42.2km – R399	R460		R90
21.1km – R299	R350		R70
10.0km – R199	R240		R50
5 km – R99	R130		R30

T-shirt – **R200**

Temporary license - **R40 (NB: no license required for 5 km Fun Run)**

NB Online entries close at midnight on Monday 17th November 2025

Above prices for online entry fees, T-shirts and bus tickets include VAT but exclude an online transaction cost of R8 per entry plus 6% of the gross value.

Tickets for Bus Ride to the start

Bus embarkation at Driving Range Agatha St Tzaneen; co-ordinates -23.81947, 30,16249

42.2 km – R90 – last bus leaves at 03h30

21.1 km – R70 – last bus leaves at 04h00

10 km – R50 – last bus leaves at 05h30

5 km – R30 – last bus leaves at 06h45

STRICTLY NO parking at or near the Start of the 21km, 10km and 5 km events; please buy a ticket online or arrange to be dropped off

Registration, race number collection and late entries will take place at:

POLOKWANE – Food Lovers Market, The Farmyard Trading Post, R81 (Munnik Road) on Wednesday 19th and Thursday 20th November 2024 - 16h00 to 18h00; on Friday 21th November - 14h00 to 17h00

TZANEEN – Food Lovers Market, cor Bert Booysen and Loop Streets, on Thursday 20th 2024 16h00 to 18h00 and Friday 21th November 14h00 to 18h00

HAENERTSBURG – Rotary Clubhouse, Rissik St, (co-ords -23.942367, 29.939255) Friday 21th November 2024 – 14h00 to 18h00 and Saturday 22th November (for 42km only) 04h00 to 05h00

GENERAL

** In addition to entering online, all runners for all events must register for their event when they collect their race numbers. See above for registration venues and times.

** Late race number collections Saturday morning: 42km at Rotary Clubhouse, Rissik St, Haenertsburg (co-ords -23.942367, 29.939255); 21km and 10km at bus embarkation point in Tzaneen. If you are VERY late and feel VERY lucky, try at the Start line

** Tog bag drop facility available for 42km. Bags clearly marked with name and race number can be handed in at the start and collected at the finish. This facility is available to be used at own risk.

** Water points will be provided on the route at intervals of 3,5 km

** Toilets are available at the Start and Finish and at three designated points on the route.

- ** Food and refreshments will be available for purchase at the Finish.
- ** All finishers for the 42km, 21km and 10km will receive a medal. The 5km is a Fun Run and no medals are awarded.
- ** Tourism/Accommodation info can be found at www.mountaingetaways.co.za;
- ** Peak Timing is the official timing company for the Makgobaskloof Plunge Marathon. Results will be posted soon after each race on www.peaktiming.co.za
- ** Bus transfers from Tzaneen Showgrounds to the Start before the race are sold online only. Please make own arrangements to return to Haenertsburg if you park at the 42km Start point.

Proceeds go to support Rotary local community projects

LIMA RULES and ORGANISERS REQUIREMENTS:

- **WITHDRAWAL/CANCELLATION/ALTERATION:** The race entry fee is non-refundable. If a competitor withdraws from the event, the event is cancelled or advertised details are changed for any reason, competitors will not be entitled to a refund of any amount paid.
- To avoid disqualification, obey all officials, traffic officers and race marshals. The race will be run according to the rules of LIMA and ASA.
- **NB** No seconding will be allowed.
- **NB** Do not run in a "bus". The R71 and the R36 will be partially closed and in places have no safe sight distance and/or sufficient space on the shoulders for running abreast.
- **LISTENING DEVICES:** For safety reasons participants ARE NOT ALLOWED to use earphones, iPods, MP3 (LIMA rule)
- **FINAL RACE INSTRUCTIONS:** Your Final Race Instructions form part of the rules of the race and will be included with your race pack. All rules included in the Final Race Instructions supersede the Entry Form rules.
- All athletes will participate at their own risk.
- **MINIMUM AGES:** Athletes for the 5 km run should be at least 9 years old; for the 10 km at least 14 years old. Athletes for the 21 km must be 16 years or older and for 42.2 km be 20 years or older on the day of the race.
- Proof of age (ID) to be produced upon request on day of race.
- **The race referee's decision is final.**
- In addition to entering online, all competitors must register for their event when they collect their race numbers. See above for venues and times.
- **NUMBER COLLECTION:** You must collect your Makgobaskloof Plunge race number from the venue you have indicated on your entry form. These items will not be posted to you. It is important to note the following when collecting your race number package:
 - All runners MUST provide proof of identity to collect their race number pack (eg ID card, passport or driver's licence) along with their race entry confirmation.
 - A third party can collect this on your behalf providing they have a printed copy of acknowledgement of entry, written authorization from you and a copy of your ID, and identify themselves.
 - Temporary licence HOLDERS to complete the tear-off slip at Registration and hand it back to the organizer.
- **TIME LIMITS & CUT OFFS:** Races are run from "gun to mat", 42.2 km runners are to reach 3 cut-off points:
 - **17km** to go to Finish venue - **at 09.15**
 - **10km** to go to Finish venue - **at 10.15**
 - **5km** to go to Finish venue - **at 11.00**
 - Runners not reaching these points by the time stated will be required to board a sweeper vehicle and be transported to the Finish venue.
- Walkers may enter for the 21km and 10km events only.
- All runners are to wear their Race Number in front and centre.
- Registered athletes must wear full club colours; ASA license to be worn in front below the Race Number and pinned so as not to obscure the ASA sponsor's logo. The second permanent number is to be worn on the back.
- Runners without 2025 ASA permanent numbers are to purchase and wear a temporary license on the back.
- Age category ID tags must be worn (back and front) by athletes competing for a category prize. Licences and race numbers must be fixed on the vest (all 4 corners).
- Online entries close at midnight on **Monday 17th November 2025**.
- **PRIZE MONEY:** All winners of prize money must provide an original or certified copy of ID, driver's license or passport as well as banking details on race day. No prize money will be paid on race day.

Prizes		42km	21km	10km	5km
OPEN	1st	5 000	2 000	600	200
	2nd	2 000	800	250	100
	3rd	1 000	400	150	50
JUNIOR	1st	n/a	2 000	600	200
	2nd	n/a	800	250	100
	3rd	n/a	400	150	50
40-49	1st	800	500	300	200
	2nd	400	250	150	100
50-59	1st	800	500	300	200
	2nd	400	250	150	100
60-69	1st	800	500	300	200
	2nd	400	250	150	100
70-79	1st	800	500	300	200
	2nd	400	250	150	100